



# THE TOWER

ST. PAUL UNITED METHODIST CHURCH

VOLUME 55, ISSUE 20

SEPTEMBER 29, 2008



## Upward Basketball and Cheerleading 2008-2009



For Boys and Girls in Kindergarten - 6th grade.

Registration for Basketball is \$60, Cheerleading is \$65  
Online Registration is available!  
Visit our website at [www.stpaulchurch.net](http://www.stpaulchurch.net)  
Deadline is November 13, 2008.

### INSIDE THIS ISSUE:

TOM'S THOUGHTS	2
NEWS FOR EVERYONE	2-4
CHILDREN'S MINISTRY	4-6
YOUTH MINISTRY	6-7
ACTIVITIES MINISTRY	7
SENIOR ADULT MINISTRY	7-8
MUSIC MINISTRY	8
AROUND THE CHURCH	8
WEEK IN THE HIGHLANDS	9
UPWARD INFORMATION	10
CALENDAR	11

- ◆ Basketball Evaluations will take place November 3, 6, and 11.
- ◆ Cheerleading Orientations will be November 13.
- ◆ Practice begins the week of December 1.
- ◆ First game is January 10, 2009.
- ◆ Every player receives equal playing time, a T-shirt, and jersey.
- ◆ Every cheerleader receives a uniform, megaphone, and poms.
- ◆ Separate leagues for boys and girls.

Invite a friend!  
Registration forms are available at the  
Information Centers.

Look inside for ways you can be  
involved in this awesome ministry!

## *Tom's Thoughts*

### A NOTE FROM OUR SENIOR PASTOR

Some years ago while living in Owensboro I remember commenting to a friend about the warm, beautiful January day we were experiencing. By 5:00 p.m. that afternoon, the temperature had dropped nearly fifty degrees, a tornado had rolled through town, and homes, schools, and businesses were ravaged. After the storm had passed, I made my way to the campus of Kentucky Wesleyan College, which had sustained significant damage. My real interest was to see if anyone had been hurt. I'll never forget how dark and cold things were. Even at that I could tell the school had been dealt a serious blow. Every building on campus suffered some sort of damage. The President's Home was completely destroyed.

That night I also visited a local senior citizen's apartment building at the behest of some out of town family members. They were having a hard time locating their loved one. After a couple of hours and a little detective work, I found her safe and sound at a local hotel. As the sun arose the next morning, it was clear the damage was widespread. While there was no loss of life, hundreds of homes were damaged or destroyed. We had a number of people directly affected who were a part of my church at Settle Memorial. We all worked hard that day trying to help as we could. Some were so stunned they didn't know what to ask for.

Soon the community was mobilized with a coordinated effort. Various churches, including the United Methodist Church, the Red Cross, and the Salvation Army had a significant presence. In the mix of all that heartache, slowly but surely the town rebuilt. It took a long time. We had United Methodist Committee on Relief work teams staging their work at Settle Memorial for nearly a year.

I will never forget the images of that passing tornado. I will not long forget the courage and faith of those affected. I will also never forget the way everyone pitched in to help. In the end, I will never forget that given time, effort, and prayer, lives are rebuilt and things do get back to a degree of normalcy.

While not involving the major destruction of a tornado or a direct hit by a hurricane, the past couple of weeks have proven to be one of those singular challenges of life. We will all remember where we were and what we went through in waiting for power to be restored or for our homes to be repaired. Hopefully, we have known the support of friends and family. Hopefully, we have known the presence of God to help us stay patient and at peace. His strength is manifold, particularly in the life's most challenging moments. May that same strength embolden us presently, just as it did for those in Owensboro those many years ago.

*- Tom Grieb*

## *Missionary Request*

### NEWS FOR EVERYONE

A missionary effort originating in Indiana is traveling to Ecuador on October 4-18, 2008. They are in need of someone who can "lay block". If you or someone you know can meet this deadline, please contact (812)230-2456 ASAP. Submitted by Dean Harper

## *L.O.A. Sunday School Class*

### NEWS FOR EVERYONE

The "Love One Another" Class invites you to be with us each Sunday as we worship God and study His word. We meet in the Chapel at 9:45 a.m.. Laura Williams and Lucille Moss lead us in hymns of praise, a member of the class offers a devotional selection, and our teacher for the month leads us in a lesson from the *Adult Bible Studies*. After the lessons we have our "time of sharing" when we keep in touch with our members who are in need of prayer or have a joy to report; it is one way in which we express our Love for One Another.

In October each of our four lessons from **Acts** is written by a different bishop of the United Methodist Church. We feel privileged to have as our teacher for the month Virginia Watkins, St. Paul's Minister to Adults.

Our monthly social will be a pitch-in dinner on Friday October 17, served in the Social Hall at 5:30 p.m. Guests and visitors are welcome; please call Dean Harper, 452-1207, if you plan to attend.

## *Celebration of Episcopal Assignment*

### NEWS FOR EVERYONE

You are invited to the *Celebration of Episcopal Assignment* in honor of Bishop Lindsey Davis, Saturday, October 18 at 2:30 p.m. for music and 3:00 p.m. for the celebration and ceremony at the Frankfort Convention Center.

## *Susan Komen Race for the Cure*

### NEWS FOR EVERYONE

You are invited to participate with the St. Paul team to support the Komen Race for the Cure run/walk on Saturday, October 11. You must register on line at [www.komenlouisville.org](http://www.komenlouisville.org) or complete a brochure with your information. Brochures are placed at the information desk and outside of the gym. For more information call the church office at 458-1595 or see Cheryl Grieb.

## *Kroger "Mission" Card*

### NEWS FOR EVERYONE

Please Help! St. Paul joined the Kroger "mission" card program in December 2005. To date, we have earned \$13,107.74 for missions at no cost to us. In August, 2008 we earned only \$279.56 which is the lowest amount since the first few months of the program. Kroger cards are available from Ken Curry during the week or at the Information Desk on Sunday morning. Cards are \$5 each but have a \$5 value for your use. Every time you "recharge" your card at a Kroger Customer Service desk you are helping your mission programs. Please call 455-5607 for more information.

## *Faith Quilters*

### NEWS FOR EVERYONE

Faith Quilters sew love into blankets for children. Would you like to learn how to machine quilt or would you like to quilt with others? Faith Quilting is held the third Thursday of every month: September 18, October 16, and November 20, and December 18, 10:00 a.m. to 12:00 p.m. in the Social Hall. An evening group also meets periodically. We are willing to get some beginning groups started this fall if anyone is interested in learning to machine quilt. You can also be a part of Faith Quilters by working at home. Whether one works at home or in a group, Christian Love is sewn into each gift.. Our annual Quilt and Blanket Blessing will be held Sunday, March 8, 2009. Those who crochet or knit are encouraged to share you handiwork gift with others by making and donating a blanket. For more information, contact Linda Bowles at 451-7535 or [Lcbowles@bluegrass.net](mailto:Lcbowles@bluegrass.net) or Holly Hamilton at 767-7074 or [hollyjolly@insightbb.com](mailto:hollyjolly@insightbb.com).

## *GIFTED: Discovering your SHAPE for Ministry*

### NEWS FOR EVERYONE

*"There are different kinds of gifts, but the same Spirit distributes them. There are different kinds of service, but the same Lord. There are different kinds of working, but in all of them and in everyone it is the same God at work....."* 1 Cor12:4-6 (NIV) Have you ever wondered what your spiritual gifts are? Are you sensing a call to serve God and hope to discover how you might best use your gifts to bless others? We will be offering a 4-week study on discovering your spiritual gifts during the Sunday school hour from October 12 through November 2, 2008. Classes will be led by Larry Carr and will meet in the Parlor 10:00 a.m.—10:55 a.m.. Let us know of your interest in attending by calling the church office or contacting Kathy at 386-1559 or [kekman@stpaulchurch.net](mailto:kekman@stpaulchurch.net).

## *Women's Retreat*

### **NEWS FOR EVERYONE**

A Relaxing Retreat for Women—Resting in God's Spirit Through the Seasons of Life on Saturday, November 1, 9:00 a.m.— 4:00 p.m. at St. Paul United Methodist Church

Retreat leader Denise Ruiz will lead the morning as we focus on *Resting in God's Spirit Through the Seasons of Life*. After a delicious lunch from The Café, the afternoon will be spent exploring different group and individual spiritual practices. Childcare is available for children 11 and under. Registration deadline for childcare is Sunday, October 19.

The fee is \$10.00. You may register at the information desk or by calling the church office at 459-1595. **Feel free to bring a friend!**

## *New Adult Offering*

### **NEWS FOR EVERYONE**

A New Opportunity — Are you getting tired of retirement? Afraid your best years are over? Do you feel there should be more to life? Is there a longing for a deeper relationship with God? What is the good news in the Good News for older adults? If any of these questions spark an interest, you are invited to be part of a new group called ADLIFE (Accountable Discipleship: Living In Fullest Experience). Initially we will use a concept similar to Wesley's small group format, exploring many possibilities to develop a plan to make our "mature" years full of spiritual growth, closer friendships and service opportunities. All suggestions will be heartily welcomed and discussed as we seek the best ways to encourage each other to live life to the fullest! You are encouraged to add meaning to your life by trying ADLIFE. For further information or to express an interest, please contact Virginia Watkins, 459-1595. ADLIFE will begin meeting in early October, probably on Monday or Thursday afternoon. If you have a preference, let us know.

---

## *Week in the Highlands Parade*

### **CHILDREN'S MINISTRY**

This year, the Week in the Highlands Neighborhood Parade and Environmental Fair will be held on Saturday, October 4, at 11:00 a.m.. The parade will begin at Bellarmine University and end at St. Francis of Assisi.

St. Paul will once again have a group walking/riding in the parade. All families are encouraged to decorate their bikes and ride them in the parade. (Please note: This is a family event! All children must have an adult present to participate.) We will meet as a group, in the parking lot of Bellarmine University's Knight's Hall, at 10:30 a.m. Please see the next edition of The Tower for our parade order. Participants are encouraged to bring monetary donations or nonperishable food items to benefit Highland Community Ministries.

## *Children's Ministry Volunteers Needed!*

### **CHILDREN'S MINISTRY**

What better way to serve the Lord than by serving His children? St. Paul's growing children's ministry is ALWAYS in need of parent volunteers. Check out the Children's and Youth Volunteer sign-up table on Sunday, October 12, outside the sanctuary. Various volunteer opportunities will be available including childcare, teaching Sunday school (a mere three-Sunday commitment!), Upward Cheerleading and Basketball, Fall Festival, Breakfast with Santa, Kids in Christ's Service (KICS) and Mothers of Preschoolers (MOPS). Is your name on the list?

## *MOPS Consignment Sale Rescheduled!*

### **CHILDREN'S MINISTRY**

Due to the loss of electricity at St. Paul from the windstorm, the MOPS consignment sale has been rescheduled for Friday, October 17 and Saturday, October 18, in the gym. Drop off for the sale will be Wednesday, October 15, from 6:00 p.m. - 8:00 p.m., and Thursday, October 16, from 9:00 a.m. - 1:00 p.m. The Presale for consignors and volunteers will be Thursday, October 16, from 5:00 p.m. - 8:00 p.m. Friday's sale will be from 9:00 a.m. - 1:00 p.m., with the half price sale Saturday morning, from 8:00 a.m. - 2:00 p.m. Please spread the word that our sale has been rescheduled. **All consignors and volunteers are asked to please e-mail Emily Gallahue at [gallahue23@insightbb.com](mailto:gallahue23@insightbb.com), if you still plan to participate. It is not too late to consign! Please contact Emily for a consignor number and more information.**

## *MOPS Evening Group Update*

### **CHILDREN'S MINISTRY**

Mark your calendars for Monday, October 13! The evening MOPS group (Mothers of Preschoolers) will be meeting from 6:30 p.m. to 8:00 p.m. in room 113. Dinner will be provided. Childcare available upon request. For more information contact Sienna Newman at 749-7654 or [sgnewman@insightbb.com](mailto:sgnewman@insightbb.com)

## *MOPS Morning Group Update*

### **CHILDREN'S MINISTRY**

Do you know a mother of a preschooler who might benefit from MOPS? Remember, Mothers of Preschoolers is a place that gets mothers. We meet monthly and share food, fellowship, learning and creative activities.

On October 13, the daytime group will meet and learn some self-defense information for women and families. For more information, please contact Elizabeth Townsend at [emeng\\_2000@yahoo.com](mailto:emeng_2000@yahoo.com)

## *"Nothing but Nets" Mission Project*

### **CHILDREN'S MINISTRY**

St. Paul's Children's Ministries will be participating in the "Nothing but Nets" campaign throughout the remainder of 2008. The children would love to see the whole church involved! "Nothing but Nets" is a campaign to bring mosquito nets to the millions of people affected by malaria each year. Malaria is a disease caused by a blood parasite, which is transmitted by mosquitoes. More than 500 million people are infected, killing more than a million, each year. Ninety percent of those who die are African children.

There is a very simple and cost effective solution to the problem, bed nets. For just \$10.00, a net can be purchased and delivered to a family. These nets create a protective barrier against mosquitoes at night, when the vast majority of the transmissions occur. When enough nets are used, the insecticide treated nets make the entire community safer.

The St. Paul children will collect money in Sunday school class, Wesley night, as well as at the Fall Festival. If you would like to purchase a net for \$10.00, or a portion of a net, please make checks payable to St. Paul, with "Nothing but Nets" in the memo line. The children's collection bank will be in room 309 on Sunday mornings. All donations throughout the week should be given directly to Karen Garner or placed in Cleve Iler's box. Let's see how many nets we can purchase in the next three months, St. Paul!

## *Children's Sabbath* CHILDREN'S MINISTRY

St. Paul will recognize and celebrate Children's Sabbath on Sunday, October 12, during the 9:00 a.m. and 11:00 a.m. worship services. All children are encouraged to participate! We are in need of children to serve as scripture readers, ushers and greeters. St. Paul's wonderful Children's Choirs will lead us in worship. Please let Karen Garner know if your child is interested in serving in any of these roles, as well as which service they would like to participate in, as soon as possible at [kgarner@stpaulchurch.net](mailto:kgarner@stpaulchurch.net) or 459-1595.

## *Fall Festival Trunk or Treat* CHILDREN'S MINISTRY

This year's Fall Festival/Trunk or Treat will be Wednesday, October 29, from 5:30 p.m.- 8:00 p.m. Dinner will be served in the Coffee Shop of the Family Life Center from 5:30 p.m. – 6:30 p.m. Chili, hot dogs, nachos, grilled cheese, cookies and drinks will be served at a cost of \$5.00 per adult and \$3.00 per child. Children's inflatables and face painting will be set up in the gym, from 6:00 p.m. - 8:00 p.m.

Following dinner, from 6:30 p.m. – 7:30 p.m., "Trunk or Treat" will be held in the alley parking lot behind the Family Life Center. Cars will decorate their trunks with a theme or game, and hand out candy or treats to the children as they pass from trunk to trunk. **Please consider volunteering to host a trunk!** The more trunks we have, the more fun the children will have! Registration forms are now available at the Information Center and should be submitted to Karen Garner's box at the Information Desk by Sunday, October 26. Please call Karen Garner for questions or "trunk ideas," at 459-1595.

\*There will be no regular Wesley Night Dinner or activities (adult, youth, or children's) on the 29<sup>th</sup>.

## *"Journeys" Sunday School Schedule* CHILDREN'S MINISTRY

	K	½	¾
October 5	art	games	cooking
October 12	science	art	games
October 19	Bible story	science	art

## *Fall Youth Retreat* YOUTH MINISTRY

The annual Fall Retreat will be held at Loucon this year October 17– October 19, 2008. We will leave St. Paul at 7:00 p.m. on Friday, October 17 and will return by 12:30 p.m. for parent pick-up on Sunday, October 19. The cost of the event is \$50 and includes lodging, food, and all activities. The retreat is open to the first 60 persons who register by emailing [bebel@stpaulchurch.net](mailto:bebel@stpaulchurch.net)

## *Beading Booth for Belknap Fall Festival* **YOUTH MINISTRY**

The St. Paul Youth will be sponsoring a beading booth at the Belknap Fall Festival on Saturday, October 12 10:00 a.m.—4:00 p.m. Youth and adult chaperones are needed to participate. To sign up email Brian Ebel at [bebel@stpaulchurch.net](mailto:bebel@stpaulchurch.net)

## *Paintball* **YOUTH MINISTRY**

On November 8, 12:00 p.m.—3:00 p.m. we will go out to the Open Range in Crestwood, KY to enjoy paintball. To sign up email Brian at [bebel@stpaulchurch.net](mailto:bebel@stpaulchurch.net)

---

## *Team for the Highlands Cup 5K Run/Walk* **ACTIVITIES MINISTRY**

Plan to be part of the St. Paul Team at the Highlands Cup 5K Run/Walk to benefit Highlands Community Ministry on Saturday, October 4 at 8:00 a.m. Register early (\$22 adults/\$17 youth) by completing a race brochure found near the information center or at the entrance of the gym; logging onto [www.Active.com](http://www.Active.com); in person at Fleet Feet Sports, 1500 Bardstown Road; or by calling 451-3695 by September 27. Late registration (\$25) September 29 – October 3 at Fleet Feet or race morning at Douglass Boulevard Christian Church, 2005 Douglass Boulevard. List “St. Paul UMC” on the group line and let’s see if St. Paul can capture the group award for the most people from one organization participating.

A Pancake Breakfast to Benefit HCM follows the 5K and precedes the post-race awards presentation at Douglass Boulevard Christian Church, 8:30 a.m.— 10:00 a.m. The cost is \$5 for adults, \$4 for race participants, and \$3 for children 12 and under. Tickets will be sold at the door.

---

## *Senior Adult Trip to Elizabethtown* **SENIOR ADULT MINISTRY**

Senior Adult Trip to Elizabethtown - Tuesday, October 14, 2008 – Cost \$43.00. We will leave St. Paul’s parking lot on the Douglass Boulevard side at 9:00 a.m. and return approximately 5:00 p.m. Our first visit will be the **Schmitt Museum of Coca-Cola Memorabilia**. Recognized as the world’s largest privately owned collection of Coca-Cola memorabilia, we will see over 10,000 artifacts dating from the very beginnings of Coca-Cola in 1886. We can also take advantage of their expanded Museum Store and Souvenir Shop. Lunch will be at the **Back Home Restaurant**. When signing up, please be certain to make your **menu choice**. After lunch, we will go to the **General George Patton Museum at Fort Knox**. There we can view artifacts such as armored vehicles, weaponry, and personal items belonging to the General. Since the museum is on a military post, **everyone will be required to produce a photo ID**, so don’t forget to bring along your driver’s license or passport. Cost for transportation, both museum, and lunch is \$43.00. A sign-up sheet can be found at the reception desk. For more information, contact Pat Miller at 894-8477. Hope you can join us!

## *Challengers Luncheon*

### SENIOR ADULT MINISTRY

The fifth Challengers Luncheon for 2008 will be October 7 at 12:00 p.m. in the Coffee Shop of the Family Life Center. The speaker will be Evelyn Glass, Community Education Coordinator for Kentucky Organ Donor Affiliates. The meal will be catered by Sal and Cindy Rubino and the cost is \$8.00. Reservations are required. Please call the church office at 459-8228 by October 2.

## *Senior Adult Fall Fling*

### SENIOR ADULT MINISTRY

Sunday, November 9 at 12:15 p.m. the Senoir Adult Ministry is hosting the Fall Fling. Music will be by The Spaulding and Grieb Singers as they present *The Sounds of St. Paul*. Catering is provided by Upper Crust and a freewill offering will be taken at the event. Please sign up by calling the church office at 459-8228 or sign up at the Information Desk.

---

## *Derby City Brass Band Concert*

### MUSIC MINISTRY

The Derby City Brass Band will present a concert in the St. Paul sanctuary on Sunday, October 12th from 6:00 p.m. –7:30 p.m. to benefit the Highland Community Ministries. There is no admission charge; a freewill offering will be taken. Please plan on joining us for an evening of great brass band music with an assortment of selections to be presented. Last years performance was quite spectacular and exhilarating and this one promises to be nothing less. If you should have questions about the performance, please contact Will Simpson/ Director of Music Ministries at 459-1595 or [wsimpson@stpaulchurch.net](mailto:wsimpson@stpaulchurch.net)

---

## *Sympathy to*

### AROUND THE CHURCH

.....Linda Wallace and family on the death of her aunt Jane Hardwick who died on September 15,

## *Baptisms*

### AROUND THE CHURCH

Annika Beatrice Olsen  
daughter of Allison and Karl Olsen  
September 14, 2008

Hayden Ann Ramsey  
daughter of Jill and Jason Ramsey  
September 21, 2008

Sarah Margaret Ebel  
daughter of Mandy and Brian Ebel  
September 28, 2008

## *New Members*

### AROUND THE CHURCH

Allison and Karl Olsen  
September 14, 2008

## Week in the Highlands, October 4 – 12 Supports the Highland Community Ministry

Week in the Highlands spans over eight days to celebrate our Highlands neighborhoods with family-friendly events, arts, and music to help support the ecumenical services of Highlands Community Ministries, neighborhood and park improvements, and Farmington Historic Plantation. The combined “Week” has been named one of Louisville’s 2008 Metrofest outdoor events. For more information, visit the website [www.highlandsworld.org](http://www.highlandsworld.org) or call 451-7535.

Week in the Highlands 2008 Events to note on your calendar are:

October 4 – Highlands Cup 5K Run/Walk, 8 a.m., and Pancake Breakfast, 8:30 – 10 a.m.  
 October 4 – Deer Park Neighborhood Parade, 11 a.m., and Environmental Fair, noon – 2 p.m.  
 October 5 – Highlands-Douglass Big Rock Jazz Fest, 2 – 7 p.m.  
 October 9 – Empty Bowls, 5:30 – 8 p.m.  
 October 10 – Belknap Festival Eve, 6 – 10 p.m.  
 October 11 – Belknap Fall Festival, 10 a.m. – 7 p.m.  
 October 12 – Farmington Harvest Festival & Opening Day of 3 Weeks at Farmington, noon – 5 p.m.  
 October 12 – Derby City Brass Band Concert, 6 – 7:30 p.m., St. Paul United Methodist Church

New this year includes the **Deer Park Neighborhood Parade** which marches along Rutherford from Bellarmine University to St. Francis of Assisi, 1960 Bardstown Road to kick off the **Deer Park Environmental Fair**, showcasing earth-friendly alternatives and lifestyles and music by the Jawbones, noon to 2:00 p.m. This follows the **Highlands Cup 5K Run/Walk and Pancake Breakfast to Benefit HCM** to be held same day, 8:00 a.m. (Register for the 5K at [active.com](http://active.com), at FleetFeet Sports, by completing a race flyer, or by calling 451-3695. No reservations for the Pancake Breakfast are necessary.) Contact Brian Wright at [bwright@stpaulchurch.net](mailto:bwright@stpaulchurch.net) if you want to be a part of the Team St. Paul for the Highlands Cup 5K

The **Highlands-Douglass Big Rock Jazz Fest**, Sunday, October 5, expands this year featuring three groups 2:00 p.m.— 7:00 p.m.: the Steve Allee Jazz Quintet, Juggerenaut Jug Band and The Stray Cat Blues Band Reunion Show at Big Rock of Cherokee Park. The fest is free.

**Empty Bowls** combines art and a light meal as a fund raiser for the HCM’s Individual and Family Assistance Program, 5:30 p.m. – 8:00 p.m., Thursday, October 9, at Frazier Hall, Bellarmine University. Soups from area restaurants can be combined with original bowls created by area potters and artists for a \$30 donation or \$15 for food alone. The event also includes a silent auction for arts, antiques, baskets and music. For reservations, call 451-3626.

The second weekend of the “Week” includes the **14<sup>th</sup> Belknap Fall Festival** on Friday, October 10, 6:00 p.m.— 10 p.m. (food and music) and Saturday, 10:00 a.m.— 7:00 p.m., over 100 exhibitors of juried arts and crafts, family fun, and educational exhibits augment live music. Musical groups include Earbone, My Darling Asleep, Walker and Kays, Atherton High School Jazz Band, and Rascals of Ragtime. Admission is free.

The **Farmington Harvest Festival Opening Day of Three Weeks at Farmington** will be held Sunday, October 12, 12:00 p.m.— 5:00 p.m., and will include live music, traditional craft demonstrations, storytelling, historic re-enactments including a dramatic re-creation of Lincoln’s 1841 arrival to the plantation. More information on all three week’s events: [www.historichomes.org](http://www.historichomes.org).

The “Week” closes with **Derby City Brass Band Benefit Concert for HCM** under the direction of John Jones and featuring Guest Soprano Eva Marie Morse playing Broadway, classical and sacred music, October 12, 6:00 p.m.— 7:30 p.m., [St. Paul United Methodist Church](#). The concert is free with a freewill offering to benefit HCM.

### Week in the Highlands Co-chairs

Linda Bowles  
 (502) 451-7535  
[Lcbowles@bluegrass.net](mailto:Lcbowles@bluegrass.net)

John Chamberlain  
 (502) 852-6430 or (502) 456-5852  
[j.chamberlain@louisville.edu](mailto:j.chamberlain@louisville.edu)

# Upward Information

Does Upward need ME to help this year? Not counting advertising, there are **256** potential positions that will need to be filled this season.

## Is Upward a competitive league?

You bet! Over the last 2 seasons, we have maintained a level of 187 participants. Within a 15 mile radius of Metro Louisville, there are 57,000 children within the ages that our league accepts. We are competing for the hearts of every single one of these children.

HOW WE NEED YOUR HELP:

## Preseason Opportunities

**Advertising:** If children and their parents do not know that we have a league, they will never come to participate in our league! Yard signs, posters, brochures, and business cards are all available for you to take and spread throughout our community. But, the most important and effective advertising, word of mouth, can be used by anyone. You can direct people to [www.upward.org](http://www.upward.org) for more information.

**Prayer Partner:** This is the single most important component to our Upward Sports Ministry. **We need 100 Prayer Partners.** You will receive a list of specific things to pray for each day of our season, and a key chain or pin to serve as a daily reminder. Please fill out an Upward Prayer Partner Commitment Card and return it to the church. The 121 Days of Prayer will begin Monday, Nov. 3, and end on Awards Night, Tuesday, March 3.

**Evaluation / Orientation Night Volunteer:** **We need 20 volunteers each night!** We need people to greet, take registrations, take measurements, get sizes, evaluate players, and above all, show that St. Paul is behind this ministry 100%. Basketball Evaluations take place November 3, 6, and 11, from 6-8 pm. Cheerleading Orientations take place November 13, from 6-8 pm.

**Basketball or Cheerleading Coach:** **We could have as many as 30 teams!** Every team requires a Head Coach and an Assistant Coach. \*New for 2008-2009! One (1) of these 2 positions must be filled by a church member. Even if you know nothing about basketball or cheerleading, you can be an assistant coach, a person who can build relationships with players and parents, and lead the team in devotions (provided) during each practice. Coach training is provided and required.

## Opportunities Beginning January 10, 2009, (Saturday - Game days)

We may have 6 to 7 hours of games on each of 8 Saturdays.

**Give a Halftime Devotion:** We may be able to share over 50 devotions over the course of the season. Only need to be 3-5 minutes, shared during halftime of games to parents and fans.

**Work the Concession Stand: At least 2 workers for each hour of games.** A great way to serve and meet church members, and more importantly, visitors to our church facilities.

**Run the Time Clock: 1 for each hour of games.** Best seat in the house- watch 2 exciting games at the same time. Training provided.

**Referee: We need 4 referees for each hour of games.** Training required and provided.

If you have any questions about any of these opportunities, or if you want to volunteer, contact Brian Wright at 459-1595 or [bwright@stpaulchurch.net](mailto:bwright@stpaulchurch.net)

### Important Upward Dates:

Monday, Oct. 27	6:00 p.m.—7:00 p.m.	Evaluation/Orientation Training (Volunteers/Coaches)
Monday, Nov. 3	6:00 p.m.—8:00 p.m.	Player Evaluation Night #1 (1 <sup>st</sup> /2 <sup>nd</sup> Grade boys)
		121 Days of Prayer Begins
Thursday, Nov. 6	6:00 p.m.—8:00 p.m.	Evaluation Night #2 (3 <sup>rd</sup> / 4 <sup>th</sup> Grade boys)
Tuesday, Nov. 11	6:00 pm.—8:00 p.m.	Evaluation Night #3 (5 <sup>th</sup> /6 <sup>th</sup> Gr. Boys, 1 <sup>st</sup> – 6 <sup>th</sup> Gr. Girls)
Thursday, Nov. 13	6:00 p.m.—8:00 p.m.	Cheerleading Orientation Night (K – 6 <sup>th</sup> Gr. Girls)
		Registration Ends
TBD		Coach/Referee Training
Week of Dec. 1 - 4		Practice Begins

# ST. PAUL UMC - SCHEDULE OF EVENTS

**SUNDAY, OCTOBER 5**

A Week in the Highlands—October 4-12

- 8:30a Worship (Sanctuary)
- 9:00 Worship (FLC Gym)
- 9:45 Aldersgate Class (319)
- 9:45 LOA Class (Chapel)
- 9:55 Sunday School Classes
- 11:00 Worship (Sanctuary)
- 1:15p Motet Singers Rehearsal (113)
- 5:00 Youth Choir (302)
- 6:00 Metamorphosis (FLC)
- 6:00 Beading to Beat Autism (111)
- 6:00 Beth Moore Bible Study (319)
- 8:00 AA Group Mtg. (100)

**MONDAY, OCTOBER 6**

- 6:00p AA Group Mtg. (120)
- 7:00 Companions in Christ (219)
- 7:00 Disciple III Bible Study (319)

**TUESDAY, OCTOBER 7**

- 9:00a Yoga Class (YC)
- 10:30 Stretch & Flex (YC)
- 12:00p Challenger's Luncheon (CS)
- 2:00 Senior Adult Spirituality Group (219)
- 5:30 Yoga Class (YC)
- 7:00 Kaleidoscope Small Group
- 7:00 LaLeche Women's Support Group (316)
- 7:00 Tai Chi (YC)
- 7:30 Depression & Bipolar Support Group (110, 113)

**WEDNESDAY, OCTOBER 8**

- 10:00a Companions in Christ (219)
- 10:00 Wednesday Morning Bible Study (113)
- 1:00p Walk the Labyrinth (Gym)
- 5:30 Wesley Night Dinner (120)
- 6:00 Preschool Music Class—Ages 3 & 4 (309)
- 6:00 Cherub Choir—Kindergarten (303)
- 6:15 Wesley Kids Klub Grades 1 & 2 (305)
- 6:15 Wesley Kids Klub Grades 3—5 (308)
- 6:15 The Way (Sanctuary)
- 6:15 Digging Deeper, Going Deeper (110)
- 6:15 Just Neighbors (100)
- 6:15 Faith @ Work (113)
- 6:15 Care for the Caregiver (111)
- 6:15 Damascus Road Men's Bible Study (319)
- 6:15 PSALMS Prayer Group for Women (219)
- 6:15 Salt & Light Small Group (316)
- 6:45 Caroler Choir Grades 1 & 2(303)
- 6:45 Wesley Kid's Klub for Kindergarten (305)
- 7:00 Wesleyan Choir Grades 3—5(302)
- 7:30 Knitting Group (CS)

**THURSDAY, OCTOBER 9**

- 9:00a Yoga Class (YC)
- 10:00 The Way of Discernment (219)
- 10:30 Stretch & Flex (YC)
- 5:30p Volleyball (Gym)
- 5:30 Yoga Class (YC)
- 6:00 Nutrition 101: Finding Your Own Path to Wellness (CS)
- 7:30 Chancel Choir Rehearsal (302)
- 7:30 Frederick Buechner Reading Group (219)

**FRIDAY, OCTOBER 10**

**SATURDAY, OCTOBER 11**

- 7:00a Saturday Morning Men's Bible Study (100)
- 9:00 Spiritual Actions AA Group (100)
- 8:00p AA Group Mtg. (120)

**SUNDAY, OCTOBER 12**

- 8:30a Worship (Sanctuary)
- 9:00 Worship (FLC Gym)
- Children's Sabbath Service
- 9:30 Flu Shots Available (CS)
- 9:45 Aldersgate Class (319)
- 9:45 LOA Class (Chapel)
- 9:55 Sunday School Classes
- 11:00 Worship (Sanctuary)
- 12:30p Children's Ministries Team Meeting (308)
- 1:15 Motet Singers Rehearsal (113)
- 5:00 KICS
- 5:00 Youth Choir (302)
- 6:00 Derby City Brass Band Concert (Sanctuary)
- 6:00 Metamorphosis (FLC)
- 6:00 Beading to Beat Autism (111)
- 6:00 Beth Moore Bible Study (319)
- 6:30 Service of Healing (Sanctuary)
- 7:00 Flu Shots Available (Social Hall)
- 8:00 AA Group Mtg. (100)

**MONDAY, OCTOBER 13**

- 9:00a MOPS (CS)
- 6:00p AA Group Mtg. (120)
- 6:30 MOPS Evening Group (113)
- 7:00 Companions in Christ (219)
- 7:00 Disciple III Bible Study (319)

**TUESDAY, OCTOBER 14**

- 9:00a Yoga Class (YC)
- 10:30 Stretch & Flex (YC)
- 2:00p Senior Adult Spirituality Group (219)
- 5:30 Yoga Class (YC)
- 6:00 Worship & Music Ministry Team Meeting (319)
- 6:30 Missions & Ministry Team Meeting (219)
- 7:00 LaLeche Women's Support Group (316)
- 7:00 Tai Chi (YC)
- 7:30 Depression & Bi-Polar Support Group (110, 113)

**WEDNESDAY, OCTOBER 15**

- 10:00a Companions in Christ (219)
- 10:00 Wednesday Morning Bible Study (113)
- 1:00p Walk the Labyrinth (Gym)
- 5:30 Wesley Night Dinner (120)
- 6:00 Preschool Music Class—Ages 3 & 4 (309)
- 6:00 Cherub Choir—Kindergarten (303)
- 6:15 Wesley Kids Klub Grades 1 & 2(305)
- 6:15 Wesley Kids Klub Grades 3—5 (308)
- 6:15 The Way (Sanctuary)
- 6:15 Digging Deeper, Going Deeper (110)
- 6:15 Just Neighbors (100)
- 6:15 Faith @ Work (113)
- 6:15 Care for the Caregiver (111)
- 6:15 Damascus Road Men's Bible Study (319)

- 6:15 PSALMS Prayer Group for Women (219)
- 6:15 Salt & Light Small Group (316)
- 6:45 Caroler Choir Grades 1 & 2(303)
- 6:45 Wesley Kid's Klub for Kindergarten (305)
- 7:00 Wesleyan Choir Grades 3—5(302)
- 7:30 Knitting Group (CS)

**THURSDAY, OCTOBER 16**

- 9:00a MOPS Consignment Sale Drop Off (Gym)
- 9:00 Yoga Class (YC)
- 10:00 Faith Quilting (110)
- 10:00 The Way of Discernment (219)
- 10:30 Stretch & Flex (YC)
- 10:30 Christian Literary Circle (219)
- 10:30 LaLeche Women's Support Group (316)
- 5:30p Volleyball (Gym)
- 5:30 Yoga Class (YC)
- 7:30 Chancel Choir Rehearsal (302)
- 7:30 Frederick Buechner Reading Group (219)

**FRIDAY, OCTOBER 17**

- Youth Retreat: Friday evening—Sunday afternoon
- 9:00a MOPS Consignment Sale (Gym)
- 5:30p LOA Dinner (120)

**SATURDAY, OCTOBER 18**

- 7:00a Saturday Morning Men's Bible Study (100)
- 8:00 MOPS Consignment Sale (Gym)
- 9:00 Spiritual Actions AA Group (100)
- 5:00p Parent's Night Out
- 8:00 AA Group Mtg. (120)

The above times and events are listed according to the church calendar at the date of printing. For additional information please call the Church Office at 502.459.1595.

# *Chancel Choir and Chamber Orchestra*

## **MUSIC MINISTRY**

St. Paul Chancel Choir and Chamber Orchestra present John Rutter's Requiem on Sunday, November 2 at the 8:30 a.m. and 11:00 a.m. worship services in honor of All Saints Day. The Requiem is a musical work about death, life, and renewal, which will help us to honor the lives of those who have gone to be with the Lord.

## *Flu Shot Information*

### **NEWS FOR EVERYONE**

Flu Shots will be available at St. Paul and in the Douglass Loop in October. Dr. Rebecca Sutton and staff of Simplistic Urgent Care will be administering them on the following dates:

- ◆ Saturday, October 11, 10 a.m.— 6:00 p.m., at the Belknap Fall Festival Simplistic Urgent Care Booth on Dundee Road
- ◆ Sunday, October 12, 9:30 a.m.— (approximately) 1:00 p.m., St. Paul Coffee Shop
- ◆ Sunday, October 12, 7:00 p.m.— after the Derby City Brass Band Concert, St. Paul Social Hall

Cost is \$30 each or free with BOTH Medicare insurance card and Medicare card.

### **WORSHIP SERVICES**

#### **8:30, 9:00 & 11:00**

Sunday, October 5, 2008

**Sermon Title:** A Most Blessed Thing:  
Holy Communion

**Scripture:** I Corinthians 10:14-22

**Rev. Tom Grieb Preaching**

**8:30 Music:** Laura Williams, Solo

**9:00 Music:** Praise Team

**11:00 Music:** Chancel Choir  
Laura Williams, Solo

Sunday, October 12, 2008

**Sermon Title:** Let Them Come:  
Children's Sabbath

**Scripture:** Mark 10:13-16

**Rev. Tom Grieb Preaching**

**8:30 Music:** Child Solo

**9:00 Music:** Praise Team & Wesleyan  
Choir

**11:00 Music:** Chancel Choir and  
Children's Choirs

### **Weekly Attendance Report**

	Sunday School	Worship
Sept. 14	293	694
Sept. 21	239	607

Tower Deadline: 10:00 a.m. Tuesday, October 7, 2008

Please email all articles to [info@stpaulchurch.net](mailto:info@stpaulchurch.net)

St. Paul United Methodist Church  
2000 Douglass Boulevard  
Louisville, KY 40205  
(502) 459-1595  
[www.stpaulchurch.net](http://www.stpaulchurch.net)  
Email: [info@stpaulchurch.net](mailto:info@stpaulchurch.net)

The Tower of St. Paul  
(USPS 634-780)  
Published bi-weekly by St. Paul United Methodist Church  
2000 Douglass Boulevard, Louisville, KY 40205  
Periodicals postage paid at Louisville, Kentucky 40205